

# Costa Rica: Spring Break 2020

March 20-March 29, 2020

## FAQ

1. **Will I earn EOU credit?** Yes, you will earn EOU credit for ED 310/510, 1-4 credits.
2. **Do I have to sign up for credit?** Yes, you must be enrolled in the course in order to participate. There are online and on campus options, so you do not have to be located in La Grande to participate.
3. **Do I have to be an education major?** No, any student can enroll in the course as long as they are sophomore standing or above (freshmen can petition to join if they have completed 30 credits by the end of winter term).
4. **What will the course require?** We will have 2-3 meetings during Winter term to go over the in-depth itinerary, complete some survival Spanish and discuss course assignments which include a research topic and journaling. These meetings will always be available via face to face and Zoom so that distance students are able to participate.
5. **How do I apply?** If you have decided you would like to participate, you will Contact Professor Tawnya Lubbes ([tlubbes@eou.edu](mailto:tlubbes@eou.edu)) for suppressed course CRN registration (registration opens November 7<sup>th</sup>), Set up an appointment with Mika Morton [mnorton@eou.edu](mailto:mnorton@eou.edu) or Bennie Moses [bmoses@eou.edu](mailto:bmoses@eou.edu) to apply for the program after contacting Professor Lubbes. You will also have some paperwork to complete online through the Education First program.
6. **How many students must sign up in order for the trip to occur?** We must have at least 10 students confirmed in order to go and there is a CAP of 25. (We can go with as few as 6 students but the cost of the program will be slightly higher)
7. **Is there a deadline to apply and pay?** You must enroll in the course by December 10<sup>th</sup> as your account will be charged in late-December.
8. **How much does it cost?** In addition to tuition for ED 310/510 there will be all inclusive program costs. For a group of 10-14 students age 29 and under, the cost is \$3640 for students age 30 and older the cost is \$3960. This includes round trip airfare, hotel accommodations, meals (breakfast, lunch, and dinner), on-tour transportation, sightseeing, and entrance fees, insurance, and support services. Students will be responsible for the costs associated with getting a passport. Students with passports from another country should look into whether or not they'll need to obtain a visa. You will need about \$150 to cover your tourist visa and meals and during travel from to and from the US. You will also want to bring some spending money should you choose to do something extra during your free time or want to pick up some souvenirs.
9. **Do I have to travel with the group?** Yes, group flights will be arranged by EF and included in the program costs. We will travel together on the same flights; however, if there are students at a distance it is possible that we may be able to coordinate flight times with the group from Boise. Because of transportations and scheduling it is critical that all flights arrive and depart within the same time frame.
10. **Where will be staying and what will we do?** Where will be staying and what will we do? You will stay in hotels. During the trip you will be participating in several cultural excursions and events, which include a day trips to a coffee plantation, national parks/forests, a wildlife refuge, and the Central Pacific Coast.
11. **Does my financial aid cover study abroad?** Yes, chances are if you're already using federal or university financial aid, those same funds can be put towards your program abroad. This includes Pell grants, SEOG grants, Stafford loans, Perkins loans, PLUS loans, merit scholarships and private funding. Please meet with Jason Hibbert [jhibbert@eou.edu](mailto:jhibbert@eou.edu) to review your options as these vary significantly from one person to the next.
12. **Do I need a passport?** Yes, you should apply for a passport as soon as possible.  
<http://travel.state.gov/content/passports/english/passports/apply.html>

# 9-DAY ITINERARY: Environment & Culture in Costa Rica

## Day 1: Fly overnight to Costa Rica

- Meet your Tour Director at the airport
- Enjoy dinner in San José

## Day 2: San José | Arenal region

- Take a walking tour of San José
- Visit Poás Volcano
- Travel to the Arenal region
- Visit the Arenal hot springs
- Enjoy breakfast, lunch and dinner

## Day 3: Arenal region | Los Chiles

- Take a day trip to Los Chiles
- Take a boat tour of Caño Negro Wildlife Refuge
- Enjoy breakfast, lunch and dinner

## Day 4: Arenal region | Monteverde

- Visit La Fortuna Waterfall
- Travel to Monteverde
- Enjoy breakfast, lunch and dinner

## Day 5: Monteverde

- Visit the Santa Elena Cloud Forest Reserve
- Plant a tree in the EF Reserve
- Experience a canopy adventure
- Enjoy breakfast, lunch and dinner

## Day 6: Monteverde | Central Pacific Coast

- Travel to the Central Pacific Coast
- Visit Rainforest Adventures
- Enjoy breakfast, lunch and dinner

## Day 7: Central Pacific Coast

- Visit Manuel Antonio National Park
- Enjoy a crocodile river tour
- Enjoy breakfast, lunch and dinner

## Day 8: Central Pacific Coast | Sarchí | San José

- Travel via Sarchi to San José
- Visit a coffee plantation
- Enjoy breakfast, lunch and dinner

## Day 9: Depart for home



**ENROLL NOW**

Contact: Tawnya Lubbes  
tlubbes@eou.edu

### WHAT'S INCLUDED

- 🕒 Round-trip airfare
- 👤 End-to-end support
- 📷 Guided sightseeing
- 🏠 Accommodations
- 👩‍🎓 Expert local guides
- 🎫 Entrances
- 🚗 Transportation
- 👤 Full-time Tour Director
- 🍴 Regional-style meals

REQUESTED DEPARTURE DATE — SUBJECT TO CHANGE:			DEPARTURE CITY: BOISE	<b>ENROLL BY CONTACTING :</b> <a href="mailto:tlubbes@eou.edu">tlubbes@eou.edu</a>
MAR 20	MAR 21 — MAR 29	MAR 30	PROGRAM NUMBER: 2276175VM	
Earliest departure	Requested dates	Latest return		

\*PROGRAM PRICE VALID FOR TODAY. DOUBLE ROOMING IS REQUIRED FOR TRAVELERS AGE 30 AND OLDER AT THE TIME OF TRAVEL. CHANGE AND CANCELLATION FEES OF UP TO THE TOTAL PRICE WILL APPLY. APPLICABLE AIRLINE BAGGAGE FEES ARE NOT INCLUDED AND CAN BE FOUND AT [EFCOLLEGESTUDYTOURS.COM/BAGGAGE](http://EFCOLLEGESTUDYTOURS.COM/BAGGAGE). ALL PRICES SUBJECT TO VERIFICATION BY EF PROGRAM COORDINATOR. TO VIEW EF'S BOOKING CONDITIONS, VISIT [EFCOLLEGESTUDYTOURS.COM/BC](http://EFCOLLEGESTUDYTOURS.COM/BC).