

**Physical Activity and Health:
Outdoor Recreation and Leadership
Minor Requirements**

Student's Name: _____ **Student ID#:** _____

Intended graduation date (Year): Summer _____ Fall _____ Winter _____ Spring _____

Outdoor Recreation and Leadership Minor (30 credits total):

Required Lower Division courses (15 credits):

Course #	Title	Cr	Term	Grade
HWS 198	Outdoor Activities for Lifetime Wellness	3		
OUT 201	Introduction to Outdoor Recreation Management	3		
COMM 211	Small Group Communication	3		

Select 6 credits from OUT 180 courses, OUT 220 or OUT 221

Term	Grade	Courses

Required Upper Division credits (15 credits):

Course #	Title	Cr	Term	Grade
EXS 333	Environmental Physiology and Nutrition	3		
OUT 352	Wilderness First Responder	2		
BA 321	Principles of Management	4		
BA 462	Leaders and Leadership Process	4		
OUT 409	Internship in Outdoor Recreation	2		